



# **School Prayer Book**

## **Year Five**

## **What is Prayer?**

We pray when we talk and listen to God.

There are many different prayers we can use.

We can pray privately on our own or we can pray with others in a group.

We can pray within our family or with our friends.

## **Where can we pray?**

We can pray anywhere: in church, at home, at school or any other place such as while travelling or waiting somewhere.

God is always ready to listen and to talk to us.

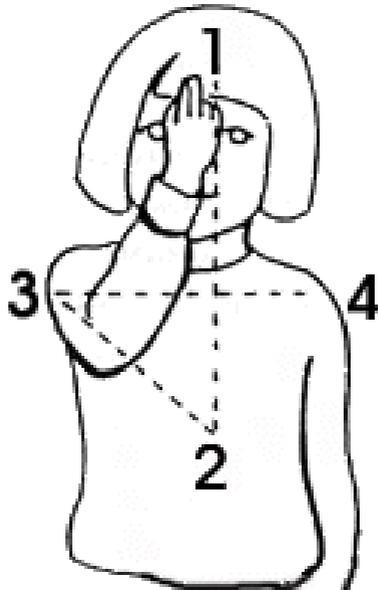


## Sign of the Cross

*The sign of the cross is our most special Christian sign. We make the sign of the cross at the beginning and end of prayers.*

**In the name of the Father and of the  
Son and of the Holy Spirit.**

**Amen**



## Hail Mary

*The first part of the Hail Mary was said for the first time by the Angel Gabriel. The second part was said by Elizabeth when Mary went to visit her.*



Hail Mary, full of grace.

The Lord is with Thee;

Blessed art Thou amongst women,

And blessed is the fruit

Of Thy womb Jesus.

Holy Mary, Mother of God,

Pray for us sinners,

Now and at the hour of our death.

Amen

## Our Father

*When one of the disciples asked Jesus how to pray, He taught us the Our Father*



Our Father, Who art in heaven

Hallowed be Thy Name;

Thy kingdom come,

Thy will be done,

on earth as it is in heaven.

Give us this day our daily bread,

and forgive those who trespass against us;

As we forgive those who trespass against us;

Lead us not into temptation,

but deliver us from evil.

Amen

## **Morning Prayer**

Father in heaven you love me,

You're with me night and day.

I want to love you always in all I do and say.

I'll try to please you Father,

Bless me through the day.

Amen

## **Grace before lunch**

Bless us, O God

As we sit together,

Bless the food we eat today,

Bless the hand that made the food,

Bless us O God.

Amen

## **Grace after lunch**

Thank you God

For the food we have eaten.

Thank you God for all our friends.

Thank you God for everything.

Thank you God.

Amen

## Prayer at the end of the day

God our Father, we come to say,  
thank you for your Love today.

Thank you for my family,  
and all the friends you give to me.  
Guard me through the dark of night  
And in the morning, send your light.

Amen

## Diocesan Prayer for Vocations

This prayer asks for those with a vocation (a calling) to have the courage to enter into priestly ordination or religious life (religious orders). We also pray for the families of those with vocations.

Lord Jesus, send labourers into your harvest.

Inspire, in the hearts of your people,  
vocations to the priesthood and religious life.

Bless our families with a spirit of generosity.

May those whom you call to the priesthood and  
religious life

have the courage to give themselves to your  
Church as co-operators in your work.

St. John Vianney: Pray for us



## The Magnificat

*This is Mary's special prayer of praise to God. She prayed this when she was told she was going to be the mother of Jesus.*

My soul glorifies the Lord,  
My spirit rejoices in God, my Saviour.  
He looks on his servant in her loneliness;  
henceforth all ages will call me blessed.  
The Almighty works marvels for me.

Holy his name!

His mercy is from age to age,  
on those who fear him.  
He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.  
He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our fathers,  
the mercy promised to our fathers,  
to Abraham and his sons forever.



## Regina Caeli

*This is an ancient hymn of the church addressed to Our Lady. In this prayer we ask Mary as Queen of Heaven to rejoice in the resurrection of Jesus.*

Queen of Heaven, rejoice. Alleluia!

For he whom you were made worthy to bear. Alleluia!

Has risen as he said. Alleluia!

Pray for us to our God. Alleluia!

Rejoice and be glad, O Virgin Mary. Alleluia!

For the Lord has risen indeed. Alleluia!

Let us pray;

God, who through the resurrection of your Son, our Lord Jesus  
Christ,

has made glad the whole world, grant us, we pray,  
that through the intercession of the Virgin Mary, his mother,  
we may attain the joys of everlasting life.

Through the same Christ our Lord.

Amen.



# Rosary

*The Rosary is a prayer to Mary. It consists of 5 decades, each beginning with a short thought about one of the mysteries. In each decade we say 1 Our Father, 10 Hail Marys and 1 Glory Be.  
We can use the Rosary beads to help counting.*

## The Glorious Mysteries

1. The Resurrection of Jesus.
2. The Ascension of Jesus.
3. The Coming of the Holy Spirit.
4. The Assumption of Mary.
5. The Crowning of Mary.

