



**School Prayer Book
Year Six**

What is Prayer?

We pray when we talk and listen to God.

There are many different prayers we can use.

We can pray privately on our own or we can pray with others in a group.

We can pray within our family or with our friends.

Where can we pray?

We can pray anywhere: in church, at home, at school or any other place such as while travelling or waiting somewhere.

God is always ready to listen and to talk to us.

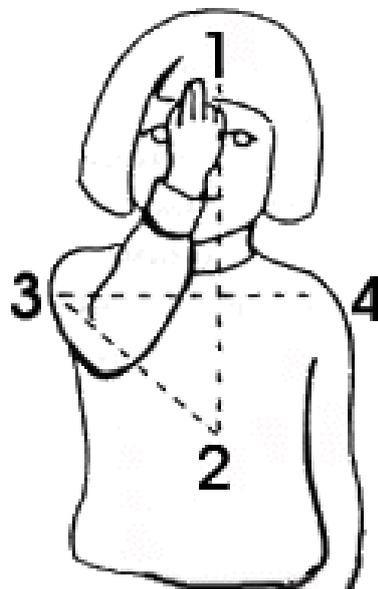


Sign of the Cross

The sign of the cross is our most special Christian sign. We make the sign of the cross and the beginning and end of prayers.

**In the name of the Father and of the
Son and of the Holy Spirit.**

Amen



Hail Mary

The first part of the Hail Mary was said for the first time by the Angel Gabriel. The second part was said by Elizabeth when Mary went to visit her.



Hail Mary, full of grace.

The Lord is with Thee;

Blessed art Thou amongst women,

And blessed is the fruit

Of Thy womb Jesus.

Holy Mary, Mother of God,

Pray for us sinners,

Now and at the hour of our death.

Amen

Our Father

When one of the disciples asked Jesus how to pray, He taught us the Our Father



Our Father, Who art in heaven

Hallowed be Thy Name;

Thy kingdom come,

Thy will be done,

on earth as it is in heaven.

Give us this day our daily bread,

and forgive those who trespass against us;

As we forgive those who trespass against us;

Lead us not into temptation,

but deliver us from evil.

Amen

Regina Caeli

This is an ancient hymn of the church addressed to Our Lady. In this prayer we ask Mary as Queen of Heaven to rejoice in the resurrection of Jesus.

Queen of Heaven, rejoice. Alleluia!

For he whom you were made worthy to bear. Alleluia!

Has risen as he said. Alleluia!

Pray for us to our God. Alleluia!

Rejoice and be glad, O Virgin Mary. Alleluia!

For the Lord has risen indeed. Alleluia!

Let us pray;

God, who through the resurrection of your Son, our Lord Jesus
Christ,

has made glad the whole world, grant us, we pray,
that through the intercession of the Virgin Mary, his mother,
we may attain the joys of everlasting life.

Through the same Christ our Lord.

Amen.



Hail Holy Queen (Salve Regina)

The Memorare is a prayer to help us remember how important and special Mary is to us in our lives.

Hail, Holy Queen, Mother of Mercy;
Hail, our life, our sweetness and our hope!
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this valley of tears!
Turn, then, most gracious Advocate,
thine eyes of mercy toward us,
and after this, our exile,
show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.



Rosary

The Rosary is a prayer to Mary. It consists of 5 decades, each beginning with a short thought about one of the mysteries. In each decade we say 1 Our Father, 10 Hail Marys and 1 Glory Be.

We can use the Rosary beads to help counting. There are 4 sets:

The Joyful Mysteries

1. The Annunciation to Mary.
2. The Visitation to Elizabeth.
3. The Nativity (Birth of Jesus).
4. The Presentation of Jesus in the Temple.
5. The finding of Jesus in the Temple.

The Luminous Mysteries

1. The Baptism of Jesus in the River.
2. The Wedding at Cana.
3. The Proclamation of God's Kingdom.
4. The Transfiguration of Jesus.
5. The Institution of the Eucharist.

The Sorrowful Mysteries

1. The Agony in the Garden.
2. The Scourging at the Pillar.
3. The Crowning with Thorns.
4. The Carrying of the Cross.
5. The Crucifixion.

The Glorious Mysteries

1. The Resurrection of Jesus.
2. The Ascension of Jesus.
3. The Coming of the Holy Spirit.
4. The Assumption of Mary.
5. The Crowning of Mary.



The Stations of the cross

In the Stations of the Cross we walk with Jesus carrying the cross to Mount Calvary. We think of what he went through when he suffered and died to save us from sin.

1. Jesus is condemned to death.
2. Jesus accepts his cross.
3. Jesus falls for the first time.
4. Jesus meets his mother
5. Simon helps carry the cross.
6. Veronica wipes the face of Jesus.
7. Jesus falls for the second time.
8. Jesus speaks to the women.
9. Jesus falls for the third time.
10. Jesus stripped of his garments.
11. Jesus is nailed to the cross.
12. Jesus dies on the cross.
13. Jesus is taken down from the cross.
14. Jesus is laid in the tomb.



Prayer to the Holy Spirit

In Confirmation, we receive the gifts of the Holy Spirit. We ask the Holy Spirit to come upon us.

Come, Holy Spirit,
fill the hearts of your faithful,
and enkindle in them the fire of your love.

Send forth your Spirit
and they shall be created.

And you shall renew
the face of the earth.

O God, who has taught the hearts of the faithful
by the light of the Holy Spirit,
grant that by the gift of that same Spirit
we may be always truly wise
and ever rejoice in his consolation.
Amen



The Apostles Creed

The Apostles creed is a statement which lists all that we believe in as Christians. It is used during Baptism and the Nicene Creed is used during Lent and Easter

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord, who was conceived by the
Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting.

Amen



The Nicean Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

