



# **School Prayer Book**

## **Year Two**

## **What is Prayer?**

We pray when we talk and listen to God.

There are many different prayers we can use.

We can pray privately on our own or we can pray with others in a group.

We can pray within our family or with our friends.

## **Where can we pray?**

We can pray anywhere: in church, at home, at school or any other place such as while travelling or waiting somewhere.

God is always ready to listen and to talk to us.

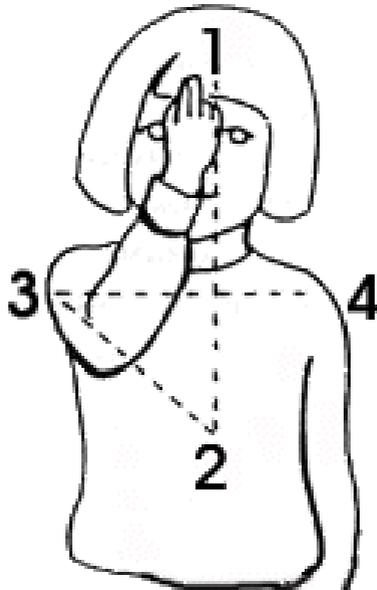


## Sign of the Cross

*The sign of the cross is our most special Christian sign. We make the sign of the cross at the beginning and end of prayers.*

**In the name of the Father and of the  
Son and of the Holy Spirit.**

**Amen**



## Hail Mary

*The first part of the Hail Mary was said for the first time by the Angel Gabriel. The second part was said by Elizabeth when Mary went to visit her.*



**Hail Mary, full of grace.**

**The Lord is with Thee;**

**Blessed art Thou amongst women,**

**And blessed is the fruit**

**Of Thy womb Jesus.**

**Holy Mary, Mother of God,**

**Pray for us sinners,**

**Now and at the hour of our death.**

**Amen**

## Our Father

*When one of the disciples asked Jesus how to pray, He taught us the Our Father*



**Our Father, Who art in heaven**

**Hallowed be Thy Name;**

**Thy kingdom come,**

**Thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread,**

**and forgive those who trespass against us;**

**As we forgive those who trespass against us;**

**Lead us not into temptation,**

**but deliver us from evil.**

**Amen**

## **Morning Prayer**

Father in heaven you love me,

You're with me night and day.

I want to love you always in all I do and say.

I'll try to please you Father,

Bless me through the day.

Amen

## **Grace before lunch**

Bless us, O God

As we sit together,

Bless the food we eat today,

Bless the hand that made the food,

Bless us O God.

Amen

## **Grace after lunch**

Thank you God

For the food we have eaten.

Thank you God for all our friends.

Thank you God for everything.

Thank you God.

Amen

## **Prayer at the end of the day**

God our Father, we come to say,  
thank you for your Love today.

Thank you for my family,  
and all the friends you give to me.  
Guard me through the dark of night  
And in the morning, send your light.

Amen

## **Act of Faith**

My God, I believe in you  
and all your Church teaches,  
because you have said it  
and your word is true.

Amen



## Act of Hope

My God, I hope in you,  
for grace and for glory,  
because of your promises,  
your mercy and power.

Amen.

# THOPE

## Eternal Rest

*In this prayer, we pray for all those people who have died.*

Eternal rest

Grant unto them, O Lord,  
And let the perpetual light shine  
upon them.

May they rest in Peace.  
Amen



## Prayer of St Francis of Assisi

Lord, make me an instrument of your peace:  
where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
where there is sadness, joy.

O divine Master, grant that I may not so much seek  
to be consoled as to console,  
to be understood as to understand,  
to be loved as to love.

For it is in giving that we receive,  
it is in pardoning that we are pardoned,  
and it is in dying that we are born to eternal life.

Amen.



## The Joyful Mysteries

*The Rosary is a prayer to Mary. It consists of 5 decades, each beginning with a short thought about one of the mysteries. In each decade we say 1 Our Father, 10 Hail Marys and 1 Glory Be.*

*We can use the Rosary beads to help counting.*

### The Joyful Mysteries

1. The Annunciation to Mary.
2. The Visitation to Elizabeth.
3. The Nativity (Birth of Jesus).
4. The Presentation of Jesus in the Temple.
5. The finding of Jesus in the Temple.

