

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Romero Gold Menu Autumn 2019



The Romero Catholic Academy
Nurturing the Talent of Tomorrow



		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Hot Dog with Potato Wedges	Macaroni Cheese	Roast Chicken and Stuffing with Roast Potatoes and Gravy	Free range Chicken and Tomato Pasta	MSC Fishfingers with Chips
	Vegetarian	Quorn Sausage Hot Dog with Potato Wedges	Five Bean Chilli with Rice	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Shepherdess Pie with Gravy	Cheese and Onion Quiche with Chips
		Sweetcorn Coleslaw	Green Beans Carrots	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Peas
	Dessert	Orange Drizzle Cake	Carrot and Courgette Cake with Custard	Oaty Cookie	Apple Crumble with Custard	Fruit and Yoghurt Station
Week 2	Main	Cheese and Tomato Pizza with New Potatoes	Organic Cottage Pie with Gravy	Roast Turkey with Roasted New Potatoes and Gravy	Chicken Stew with Rice	MSC Fish in Batter with Chips
	Vegetarian	Vegetable Tagine with Couscous Peppers Green Beans	Vegetarian Spaghetti Bolognaise Peas Cauliflower	Quorn Fillet with Roasted New Potatoes and Gravy Cabbage Carrots	Lentil and Sweet Potato Curry with Rice Sweetcorn Baked Tomatoes	Red Pepper and Cheese Omelette with Chips Baked Beans Peas
	Dessert	Wholemeal Pear Crumble with Custard	Chocolate Shortbread	Apple Flapjack	Eves Pudding with Custard	Fruit and Yoghurt Station
Week 3	Main	Organic Spaghetti Bolognaise	Chicken and Gravy Pie with Mashed Potato Topping	Roast ^{Chicken} Pork with Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fishfingers with Chips
	Vegetarian	Quorn Burger with New Potatoes	Creamy Vegetable Pie with Mashed Potato and Gravy	Vegetarian Wellington with Roast Potatoes and Gravy	Vegetarian Curry with Rice	Vegetable Pasta Bake
		Peas Carrots	Sweetcorn Broccoli	Fresh Mixed Seasonal Vegetables	Tomato and Onion Salad Green Beans	Baked Beans Peas
	Dessert	Banana Loaf with Custard	Rice Pudding with Mixed Berries	Apple, Cheese and Biscuits	Chocolate and Mandarin Sponge with Chocolate Sauce	Fruit and Yoghurt Station



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection